

## **Chopped Mexican Salad**

1 head iceberg lettuce, shredded  
½ red onion, chopped  
2 large tomatoes, diced  
1 bunch scallions, chopped  
1 cup shredded Mexican cheese  
1 lb. lean ground beef  
¼ tsp. cumin  
1 Tbsp. taco seasoning or chili powder  
Garlic salt (to taste)  
1 jalapeno pepper, diced  
1 can black beans, rinsed and drained  
1 avocado, chopped  
1 cup guacamole  
1 cup fresh salsa  
Plantain chips or blue corn chips

Cook ground beef with seasoning in a large pan. Drain off fat. On a large platter, arrange shredded iceberg lettuce and top with chopped onion, black beans and tomatoes. Using a slotted spoon, arrange seasoned ground beef in the middle of the salad. Sprinkle chopped scallions and cheese over salad. Top with sliced avocado, diced jalapeno peppers, salsa, and top with sour cream and guacamole. Serve with plantain chips or blue corn chips.